# Luis Escuris - Marinated Mussels - 120gr



Conserve / Pesce conservato

The Escuris canned mussels in pickled sauce packs Mytilus galloprovincialis only caught during the months of October, November and December in the Rias Baixas. All products go through a manual selection process, piece by piece, which guarantees a gourmet quality product.

The mussels are rich in proteins, vitamins, mineral salts and Omega 3 fatty acids. Its consistency is firm and juicy, and it does not break when pricked. Manufactured only in the season and with natural ingredients, no additives, no preservatives, no colouring agents, no gluten.

### **Technical and logistics information**

| Brand name                     | : Luis Escuris Batalla |
|--------------------------------|------------------------|
| Item number of the single unit | : Twenty four          |
| Item number of the carton      | : Twenty four          |
| Carton quantity                | : 24.00 single units   |
| Minimum sales shelf life       | : 250.00 days          |
| Net weight per single unit     | : 120.00 gram          |
| Net content per single unit    | : 120.00 gram          |
| Gross weight per single unit   | : 134.00 gram          |
|                                |                        |

#### **Additional product information**

Storage conditions :

It is recommended to store in a cool and dry place (no refrigerator).

## Ingredients

Mussels (60%), olive oil (22%), wine vinegar (15.7%), spices (1.2%) and salt (1.1%).

# **Allergen Information**

| This product                                    | Containing |
|---|------------|
| Gluten-containing grains                        | Free       |
| Milk and milk-based products                    | Free       |
| Eggs and egg-based products                     | Free       |
| Peanuts (groundnuts) and peanut-based products  | Free       |
| Nuts and nut-based products                     | Free       |
| Soy and soy-based products                      | Free       |
| Mustard and mustard-based products              | Free       |
| Lupine and lupine-based products                | Free       |
| Celery and celery-based products                | Free       |
| Sesame seeds and products based on sesame seeds | Free       |
| Fish and fish based products                    | Free       |
| Molluscs and products based on molluscs         | Contains   |
| Crustaceans and products based on shellfish     | Free       |
| Sulfur dioxide and sulphites (E220-E228)        | Free       |

## **Nutritional Value**

#### Nutriscore : Nutriscore D

| Nutritional Values     | Per 100g / 100ml | Percentage (%) |
|------------------------|------------------|----------------|
| Energy (kJ)            | 2757 КЈ          | 0,0 %          |
| Energy (kcal)          | 659 kcal         | 0,0 %          |
| Fats                   | 7.3 gram         | 0,0 %          |
| Totally saturated fats | 1.4 gram         | 0,0 %          |
| Monounsaturated fats   | 0 gram           |                |
| Polyunsaturated fats   | 0 gram           |                |
| Carbohydrates          | 1.9 gram         | 0,0 %          |
| Sugars                 | 1.9 gram         | 0,0 %          |
| Proteins               | 21 gram          | 0,0 %          |
| Salt                   | 1.8 gram         | 0,0 %          |

#### Contact

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